



**942 Tabler Station Road, Inwood, WV 25428**  
**304.229.7222**  
**www.redbudfarm.com**  
**haroun@redbudfarm.com**

### **Organic Farming Internship Information & Application**

Redbud Farm is a USDA-certified organic farm committed to environmental sustainability and the safe, ecological production of food. We are located ~70 miles from Washington, D.C., in the scenic eastern panhandle of West Virginia. Our internship program provides hands-on experience and is a great way to stay outside, enjoy nature, and have fun! Our interns are introduced to all aspects of an agro-ecosystem in action and receive a thorough learning experience providing interaction with nature and all aspects of farm life. **We can accommodate a maximum of 2 interns for the 2009 season, which runs from May 1 through October 15.**

#### ***What we provide.***

- **Extensive hands-on training** in practical applications of organic food, herb, and flower production (including seedling propagation, direct seeding, transplanting, crop rotation, irrigation, raised beds, mulching, composting, free-range poultry production), sales, and marketing (including retail sales at Washington D.C. farmers markets, our local Community Supported Agriculture program, and wholesale marketing through local restaurants). Exposure to green building tactics and the integration of renewable energy technologies is also provided.
- **On-site housing** in historic Redbud Hollow, a rustic cabin listed on the National Register of Historic Places. The cabin has individual quarters for up to 4 people, a common kitchen area, a common bathroom (shower and sink only), and an outhouse. (PLEASE NOTE: Electricity fees are shared equally among interns and typically average \$5/month/person).
- **A biweekly stipend** to assist with living expenses is provided. The stipend rate depends on the intern's duration at the farm (details are provided in the 'Stipend' section below).
- **Organic produce**, as available on farm throughout the season
- **Transportation** to and from the local train station (serviced by Amtrak)

#### ***Requirements.***

- **Interns must commit to a minimum 14-week stay** at the farm and are required to sign a contract stipulated agreed upon start and finish dates. We subtract \$75 of earnings, from any worker, regardless of length of stay, who chooses to leave before the agreed-upon final work day. A 1-week vacation (without stipend) is afforded if scheduled in advance with the farm manager. Vacation weeks cannot overlap.

- **Interns must work 40-45 hours per week.** The work week runs Tuesday through Sunday, with Mondays off. The work day starts early (6-7 am, depending on the month) to beat the heat, with a 2-hour lunch break (12-2 pm). Typical work duties include planting, weeding, applying mulch or compost, picking produce, washing and packing produce, assisting with sales at farmers' markets, IPM scouting, CSA production, tending to small animals, general farm clean-up, and possibly use of small engine equipment, such as rotor-tillers and mowers. Interns may also assist with green building projects, servicing of solar systems, and maintenance of alternative wetlands, as needed.
- **Interns must be capable of working under diverse environmental conditions, including adverse weather, and must be flexible enough to change work tasks throughout the day,** as dictated by the farm manager. Farming is perhaps the most honorable and rewarding work there is, but it is rigorous work! In addition, the environment can be harsh at times (i.e. rain, heat, humidity, gnats), and we work when duty calls.
- **Interns are responsible for bringing personal protective gear,** including a good pair of work gloves, work boots, sunscreen, and a sunhat.
- **Deposits. We require a \$50 housing deposit** that is returned at the end of your stay, provided all electricity bills have been paid, and your living quarters are deemed acceptable upon your departure inspection. **We also require a \$25 acceptance deposit** from first year interns. The deposit will be credited to you upon arrival and retained until after final accounting at the end of your stay.

**2009 Stipends:**

- Interns who have received thorough training and have been in the program for >10 weeks receive an increase in the hourly stipend. The following rates apply:

	<u>&lt;11 weeks</u>	<u>11 weeks or more</u>
First year	\$6.00/hr	\$6.50/hr
Second year	\$7.00/hr	\$7.50/hr

If interested, please complete the attached application and mail to Redbud Organic Farm, 942 Tabler Station Road, Inwood, WV 25428 **by March 1, 2008.**



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**Deadline: March 1, 2009. Please mail completed application to:** Redbud Organic Farm,  
942 Tabler Station Road, Inwood, WV 25428

Name \_\_\_\_\_ Age \_\_\_\_\_

Phone # \_\_\_\_\_ E-mail \_\_\_\_\_

Mailing Address \_\_\_\_\_

\_\_\_\_\_

College \_\_\_\_\_ Year \_\_\_\_\_ Major \_\_\_\_\_

Please list three **professional** references including name, affiliation, and phone number:

Please list your personal talents or work experience that would be valuable at Redbud Farm:

Why do you want to apprentice at Redbud Farm?

How do you feel about performing hand labor (e.g., lifting hay bails, shoveling compost, hoeing, hand weeding, etc.)?

How would you cope with conducting physical tasks under diverse weather conditions (i.e., high humidity, cold, rain, 80+°F heat and heavy sun)?

How would you deal with conflicts regarding a shared personal living space?

Will you commit to keeping the common kitchen and bath areas tidy and sanitary?

Will to commit to washing your dishes daily?

Are you frightened by roosters, dogs, black snakes, or the sound of gunshot? (If yes, please list specifics.)